

Mains Focus Group 2026 + Mentorship**Sessions by Rupal Jaiswal Ma'am (IAS, AIR 43 in UPSC CSE 2025)**

Date	Day	Session	Session Details
22 June 2026	Monday	Session 01	Decoding UPSC Mains: From Knowledge to Marks
23 June 2026	Tuesday	Session 02	Decoding the UPSC Mains Questions
24 June 2026	Wednesday	Session 03	Answer Writing Architecture
29 June 2026	Monday	Session 04	GS 4 Strategy
1 July 2026	Wednesday	Session 05	GS 1 Strategy
3 July 2026	Friday	Session 06	GS 2 Strategy
6 July 2026	Monday	Session 07	GS 3 Strategy
8 July 2026	Wednesday	Session 08	Essay Strategy
10 July 2026	Friday	Session 09	The differentiator in UPSC Mains

Sessions by Rohit Singh Sir (IAS, AIR 241 in UPSC CSE 2025)

8 June 2026	Monday	GS 4	PYQs Live Answer Writing
14 June 2026	Sunday	GS 4	PYQs Live Answer Writing
21 June 2026	Sunday	GS 1	PYQs Live Answer Writing
28 June 2026	Sunday	GS 1	PYQs Live Answer Writing
5 July 2026	Sunday	GS 2	PYQs Live Answer Writing
12 July 2026	Sunday	GS 2	PYQs Live Answer Writing
19 July 2026	Sunday	GS 3	PYQs Live Answer Writing
26 July 2026	Sunday	GS 3	PYQs Live Answer Writing
2 August 2026	Sunday	Essay	PYQs Live Answer Writing
9 August 2026	Sunday	Essay	PYQs Live Answer Writing

Mains Current Affairs Sessions

Detailed **LIVE** Current Affairs Lectures will be conducted to cover 1 year current affairs for UPSC Mains. Details of the current affairs sessions will be released soon. You will also get comprehensive mains current affairs notes

GS Advance Sessions (Comprehensive Lectures of All GS Subjects)

Subject	Lecture No	Topic	Syllabus
GS 1 (Indian Heritage and Culture, History and Geography of the World and Society)			
Art and Culture	Lecture 01	Indian culture: Salient aspects of Art Forms, literature and Architecture from ancient to modern times - 01	
	Lecture 02	Indian culture: Salient aspects of Art Forms, literature and Architecture from ancient to modern times - 02	
	Lecture 03	Indian culture: Salient aspects of Art Forms, literature and Architecture from ancient to modern times - 03	
	Lecture 04	Indian culture: Salient aspects of Art Forms, literature and Architecture from ancient to modern times - 04	
	Lecture 05	Indian culture: Salient aspects of Art Forms, literature and Architecture from ancient to modern times - 05	

GS 1	Modern Indian History	Lecture 01	Modern Indian history from about the middle of the eighteenth century until the present- significant events
		Lecture 02	Modern Indian history from about the middle of the eighteenth century until the present- personalities
		Lecture 03	Modern Indian history from about the middle of the eighteenth century until the present - issues.
		Lecture 04	The Freedom Struggle — its various stages and important contributors/contributions from different parts of the country - 01
		Lecture 05	The Freedom Struggle — its various stages and important contributors/contributions from different parts of the country - 02
		Lecture 06	The Freedom Struggle — its various stages and important contributors/contributions from different parts of the country - 03
		Lecture 07	The Freedom Struggle — its various stages and important contributors/contributions from different parts of the country - 04
	Post-Independence History	Lecture 01	Post-independence consolidation and reorganization within the country.
		Lecture 02	
	World History	Lecture 01	World History: It will include events from 18th century such as industrial revolution, world wars, redrawing of national boundaries, colonization, decolonization, political philosophies like communism, capitalism, socialism etc.— their forms and effect on the society.
		Lecture 02	
		Lecture 03	
		Lecture 04	
	Indian Society	Lecture 01	Salient features of Indian Society, Diversity of India - Part 01
		Lecture 02	Salient features of Indian Society, Diversity of India - Part 02
		Lecture 03	Role of women and women’s organization, population and associated issues
		Lecture 04	Poverty and developmental issues, urbanization, their problems and their remedies.
		Lecture 05	Effects of globalization on Indian society - Part 01
		Lecture 06	Effects of globalization on Indian society - Part 02
		Lecture 07	Social empowerment, communalism, regionalism & secularism - Part 01
		Lecture 08	Social empowerment, communalism, regionalism & secularism - Part 02
		Lecture 01	Salient features of world’s physical geography - 01
		Lecture 02	Salient features of world’s physical geography - 02
		Lecture 03	Salient features of world’s physical geography - 03

	Geography	Lecture 04	Distribution of key natural resources across the world (including South Asia and the Indian sub- continent) - 01
		Lecture 05	Distribution of key natural resources across the world (including South Asia and the Indian sub- continent) - 02
		Lecture 06	Factors responsible for the location of primary, secondary, and tertiary sector industries in various parts of the world (including India).
		Lecture 07	Important Geophysical phenomena such as earthquakes, Tsunami, Volcanic activity, cyclone etc
		Lecture 08	Geographical features and their location-changes in critical geographical features (including water-bodies and ice-caps) and in flora and fauna and the effects of such changes.

GS 2 (Governance, Constitution, Polity, Social Justice and International relations)

	Polity and Constitution	Lecture 01	Indian Constitution — historical underpinnings, evolution, features
		Lecture 02	Indian Constitution — amendments, significant provisions and basic structure.
		Lecture 03	Functions and responsibilities of the Union and the States, issues and challenges pertaining to the federal structure
		Lecture 04	Devolution of powers and finances up to local levels and challenges therein.
		Lecture 05	Separation of powers between various organs dispute redressal mechanisms and institutions.
		Lecture 06	Comparison of the Indian constitutional scheme with that of other countries.
		Lecture 07	Parliament and State legislatures—structure, functioning, conduct of business, powers & privileges and issues arising out of these - 01
		Lecture 08	Parliament and State legislatures—structure, functioning, conduct of business, powers & privileges and issues arising out of these - 02
		Lecture 09	Structure, organization and functioning of the Executive and the Judiciary—Ministries and Departments of the Government
		Lecture 10	Pressure groups and formal/informal associations and their role in the Polity.
		Lecture 11	Salient features of the Representation of People’s Act.
		Lecture 12	Appointment to various Constitutional posts, powers, functions and responsibilities of various Constitutional Bodies. Statutory, regulatory and various quasi-judicial bodies.
	Governance	Lecture 01	Important aspects of governance, transparency and accountability, e-governance- applications, models, successes, limitations, and potential - 01
		Lecture 02	Important aspects of governance, transparency and accountability, e-governance- applications, models, successes, limitations, and potential - 02

GS 2	Governance	Lecture 03	Important aspects of governance, transparency and accountability, e-governance- applications, models, successes, limitations, and potential - 03
		Lecture 04	Citizens charters, transparency & accountability and institutional and other measures.
		Lecture 05	Role of civil services in a democracy.
	Social Justice	Lecture 01	Government policies and interventions for development in various sectors and issues arising out of their design and implementation.
		Lecture 02	Development processes and the development industry — the role of NGOs, SHGs, various groups and associations, donors, charities, institutional and other stakeholders.
		Lecture 03	Welfare schemes for vulnerable sections of the population by the Centre and States and the performance of these schemes; mechanisms, laws, institutions and Bodies constituted for the protection and betterment of these vulnerable sections.
		Lecture 04	Issues relating to development and management of Social Sector/Services relating to Health, Education, Human Resources.
		Lecture 05	Issues relating to poverty and hunger.
	International Relations	Lecture 01	India and its neighborhood - relations - 01
		Lecture 02	India and its neighborhood - relations - 02
		Lecture 03	Bilateral, regional and global groupings and agreements involving India and/or affecting India's interests - 01
		Lecture 04	Bilateral, regional and global groupings and agreements involving India and/or affecting India's interests - 02
		Lecture 05	Effect of policies and politics of developed and developing countries on India's interests, Indian diaspora - 01
		Lecture 06	Effect of policies and politics of developed and developing countries on India's interests, Indian diaspora - 02
		Lecture 07	Important International institutions, agencies and fora-their structure, mandate - 01
Lecture 08		Important International institutions, agencies and fora-their structure, mandate - 02	

GS 3 (Technology, Economic Development, Bio-diversity, Environment, Security and Disaster Management)

		Lecture 01	Indian Economy and issues relating to planning, mobilization, of resources, growth, development and employment - 01
		Lecture 02	Indian Economy and issues relating to planning, mobilization, of resources, growth, development and employment - 02
		Lecture 03	Inclusive growth and issues arising from it.
		Lecture 04	Government Budgeting - 01
		Lecture 05	Government Budgeting - 02
		Lecture 06	Major crops-cropping patterns in various parts of the country, - different types of irrigation and irrigation systems

GS 3	Indian Economy and Agriculture	Lecture 07	Storage, transport and marketing of agricultural produce and issues and related constraints; e-technology in the aid of farmers.
		Lecture 08	Issues related to direct and indirect farm subsidies and minimum support prices; Public Distribution System-objectives, functioning, limitations, revamping;
		Lecture 09	Issues of buffer stocks and food security; Technology missions; economics of animal-rearing.
		Lecture 10	Food processing and related industries in India- scope' and significance, location, upstream and downstream requirements, supply chain management.
		Lecture 11	Land reforms in India.
		Lecture 12	Effects of liberalization on the economy, changes in industrial policy and their effects on industrial growth.
		Lecture 13	Infrastructure: Energy, Ports, Roads, Airports, Railways etc. Investment models.
	Environment	Lecture 01	Environmental Issues in News
		Lecture 02	Environment Conservation - 01
		Lecture 03	Environment Conservation - 02
		Lecture 04	Environmental pollution and degradation, EIA
	Science and Technology	Lecture 01	Science and Technology- developments and their applications and effects in everyday life.
		Lecture 02	Achievements of Indians in science & technology; indigenization of technology and developing new technology.
		Lecture 03	Awareness in the fields of IT, Space, Computers, robotics, nano-technology, bio-technology and issues relating to intellectual property rights - 01
		Lecture 04	Awareness in the fields of IT, Space, Computers, robotics, nano-technology, bio-technology and issues relating to intellectual property rights - 02
	Disaster Management	Lecture 01	Disaster and disaster management - 01
		Lecture 02	Disaster and disaster management - 02
	Internal Security	Lecture 01	Linkages between development and spread of extremism.
		Lecture 02	Role of external state and non-state actors in creating challenges to internal security.
		Lecture 03	Challenges to internal security through communication networks, role of media and social networking sites in internal security challenges, basics of cyber security;
		Lecture 04	money-laundering and its prevention.
		Lecture 05	Security challenges and their management in border areas - linkages of organized crime with terrorism.
		Lecture 06	Various Security forces and agencies and their mandate.

GS 4 - Ethics, Integrity and Aptitude

GS 4	Ethics - Theory	Lecture 01	Introduction, Understating Syllabus and Answer Writing Approach for Paper 4 and How it is different from other Papers? Basics of Ethics- What is Ethics and What is not Ethics?
		Lecture 02	Essence, determinants and consequences of Ethics Dimensions of Ethics Western Religious Ethics and Ethics in India
		Lecture 03	Important Theories and Principles in Ethics
		Lecture 04	Four Branches of Ethics Ethics in Public-Private Life
		Lecture 05	Human values, its meaning and importance, Classification of Values Role of Educational Institutions, Parents, Teachers and Society in developing Human values
		Lecture 06	Lessons from the lives and teachings of great leaders, reformers and administrators
		Lecture 07	Attitude: content, structure, function; its influence and relation with thought and behaviour
		Lecture 08	Attitude: moral and political attitudes; social influence and persuasion.
		Lecture 09	Aptitude and foundational values for Civil Service: Part 01
		Lecture 10	Aptitude and foundational values for Civil Service: Part 02
		Lecture 11	Emotional intelligence-concepts, and their utilities and application in administration and governance.
		Lecture 12	Contributions of moral thinkers and philosophers from India and world (Part 1)
		Lecture 13	Contributions of moral thinkers and philosophers from India and world (Part 2)
		Lecture 14	Public/Civil service values and Ethics in Public administration: Status and problems; Ethical concerns and dilemmas in government and private institutions
		Lecture 15	Public/Civil service values and Ethics in Public administration: laws, rules, regulations and conscience as sources of ethical guidance; accountability and ethical governance; strengthening of ethical and moral values in governance; ethical issues in international relations and funding; corporate governance
		Lecture 16	Probity in Governance: Concept of public service; Philosophical basis of governance and probity; Information sharing and transparency in government, Right to Information, Codes of Ethics, Codes of Conduct
		Lecture 17	Probity in Governance: Citizen's Charters, Work culture, Quality of service delivery, Utilization of public funds, challenges of corruption.
		Lecture 18	Applied Ethics and PYQs Discussion
	Ethics - Case Studies	Lecture 01	Case study analysis - 01
		Lecture 02	Case study analysis - 02
		Lecture 03	Case study analysis - 03
		Lecture 04	Case study analysis - 04

		Lecture 05	Case study analysis - 05
		Lecture 06	Case study analysis - 06
Essay			
Essay	Essay	Lecture 01	Learn effective techniques, structure, and analysis to craft compelling essays.
		Lecture 02	Learn effective techniques, structure, and analysis to craft compelling essays.
		Lecture 03	Learn effective techniques, structure, and analysis to craft compelling essays.
		Lecture 04	Learn effective techniques, structure, and analysis to craft compelling essays.
Mains Test Series (With Evaluation)			
Date	Day	Subject	Syllabus
15 June 2026	Monday	Full Length Test 01 - Essay	2 Essays in two sections
22 June 2026	Monday	Full Length Test 02 - GS 1	Full Syllabus - GS 1 (Indian Heritage and Culture, History and Geography of the World and Society)
29 June 2026	Monday	Full Length Test 03 - GS 2	Full Syllabus - GS 2 (Governance, Constitution, Polity, Social Justice and International Relations)
6 July 2026	Monday	Full Length Test 04 - GS 3	Full Syllabus - GS 3 (Technology, Economic Development, Biodiversity, Environment, Security and Disaster Management)
13 July 2026	Monday	Full Length Test 05 - GS 4	Full Syllabus - GS 4 (Ethics, Integrity and Aptitude)
24 July 2026	Friday	Full Length Test 06 - Essay	2 Essays in two sections
25 July 2026	Saturday	Full Length Test 07 - GS 1	Full Syllabus - GS 1 (Indian Heritage and Culture, History and Geography of the World and Society)
25 July 2026	Saturday	Full Length Test 08 - GS 2	Full Syllabus - GS 2 (Governance, Constitution, Polity, Social Justice and International Relations)
26 July 2026	Sunday	Full Length Test 09 - GS 3	Full Syllabus - GS 3 (Technology, Economic Development, Biodiversity, Environment, Security and Disaster Management)
26 July 2026	Sunday	Full Length Test 10 - GS 4	Full Syllabus - GS 4 (Ethics, Integrity and Aptitude)
<p>Note: The dates given are the dates of release of the tests. You can write them anytime before 12th August 2026. Tests submitted in last 10 days before mains might not be evaluated before the exam.</p>			