

UPSCPREP.COM

Simplify your UPSC Journey

One Stop Solution for UPSC CSE 2028

UPSC ESSENTIAL

+ Mentorship 2028

Course starts: 5th March 2026

Course language: English

Unmatched quality with Utmost affordability for UR Success!

By- **UPSCprep.com**



How UPSC Essential Helps You Prepare Smarter?

“I don't know what to study next”



1 Structured Roadmap

- ✓ A clear course structure from NCERT to advanced level — subject by subject, month by month.

“Am I preparing the right way?”



2 Personalised Mentorship

- ✓ One-to-one guidance by past UPSC rankers and experts, which keeps you on right path

“I study daily but I forget everything”



3 Phase wise preparation

- ✓ Phase wise approach builds understanding that stays with you longer by helping you interlink the knowledge

“I don't know my weak areas until it's too late”



4 Regular Testing & Analysis

- ✓ Daily Practice Questions
- Full-length tests
- Detailed feedback keeps you in sync with your shortcomings

“I don't know if I am improving or not”



5 Performance Tracking

- ✓ Biweekly calls to track: Strengths, Weak areas & Improvement over time

Structure Through Phases

GS FOUNDATION

1

Purpose: Build strong fundamentals

- Important NCERTs of all GS subjects
- Ideal starting point for beginners

GS BASICS

2

Purpose: Conceptual clarity of syllabus

- History, Geography, Polity, Economy, S&T, Environment
- Level-1 Answer Writing

GS ADVANCE

3

Purpose: Strengthen Mains core areas

- Core GS mains topics
- Full-length answer writing tests

Revision Break 1

4

To revise syllabus covered till December 2026 and cover backlogs (if any). Also if you have enough time, start with 1st reading of your optional subject (self-study mode)

GS ADVANCE 2

5

Purpose: Depth for Mains answers

- Mains-specific topics (Ethics, Essay, etc.)
- Level-2 Answer Writing + Notes

Revision Break 2

6

From August 2027 to December 2027. To Revise and note making for UPSC Mains, Answer Writing Practice, Optional detailed revision, notesmaking and answer writing

PRELIMS FOCUS

7

Purpose: Clear Prelims decisively

- MCQ practice (Prelims SIP)
- CSAT + syllabus revision

MAINS REVISION

8

Purpose: Peak exam readiness

- Micro-notes revision
- Rigorous answer writing

INTERVIEW FOCUS

9

Purpose: Final personality stage

- DAF analysis
- 1-to-1 mentorship + mock interviews

Course Features

Course suitable for 2028

For those planning to attempt UPSC CSE 2028



Personalised mentorship

We offer on-demand one-to-one mentorship support with **3 years of access**

Covers all stages of UPSC exam

- Prelims
- Mains
- Interview



Phase-wise approach

Course is designed in phases to make aspirant learn things from beginners level to Advanced level in a stepwise manner

Write with Toppers

Interactive Live answer writing sessions with past UPSC rankers



Comprehensive coverage through live classes

and recordings provided with 3 Years access



Comprehensive test series

Test Series included with the course with evaluation and mentorship



Crisp value addition material

To enhance your preparation it includes answer writing workbooks, CSAT workbooks, notes, PPTs, etc

Weekly Current Affairs

Weekly Current Affairs lectures + material



All subjects including Essay & Ethics will be covered.



Essay - Special workshop on Essay Writing



GS 1

- **History (Ancient, Medieval, World, Modern, Post-Independence)**
- **Art and Culture**
- **Society**
- **Geography - Indian, World, Physical+Human Geography**



GS 2

- **Indian Polity**
- **Governance**
- **Social Justice**
- **International Relations**



GS 3

- **Economy, Agriculture**
- **Environment**
- **Science and Technology**
- **Disaster Management**
- **Internal Security**



GS 4 : Ethics - Theory + Case Studies



Current Affairs - Weekly current affairs sessions



Special Answer Writing workshops will be conducted for each GS as well as Essay



Prelims Strategy Sessions - Time management, how to analyse prelims tests, note making, revision strategy for prelims, etc

Add-ons



Doubts Sessions

Every lecture will be followed by a Doubt Session to address all your subject-specific doubts



Thinking and Writing

Critical Thinking and Critical Writing Module- Learn the art of thinking and writing



Daily Practice Questions

Post-lecture Prelims MCQs, Mains questions, and weekly live answer writing in the Advanced Phase

Add-ons



Personality Test (Interview)

Build your personality along with the UPSC preparation - special sessions, activities and material will be provided



CSAT Workbook

One Stop Source for CSAT

- Includes CSAT theory, practice questions, detailed solutions



Prelims Strategy Sessions

Time management, how to analyse prelims tests, note making and revision strategy for prelims, utility of prelims test series

Both Prelims and Mains Test series included in this course

Prelims Test Series (45 Tests)

Prelims GS Test Series (33 Tests)

6 GS NCERT Based Tests + 12 Subjectwise Sectional Tests + 15 Full Length Tests
(it will include fundamental, advanced and current affairs based FLTs)

You can discuss your performance with the personal mentor assigned to you

CSAT Test Series (12 Tests)

10 Full Length UPSC Level CSAT Tests
2 CSAT Foundation Tests
Detailed solutions will be provided

Mains Test Series (21 Tests)

17 Mini Sectional Tests + 5 Full Length Tests

Tests will include essay papers as well

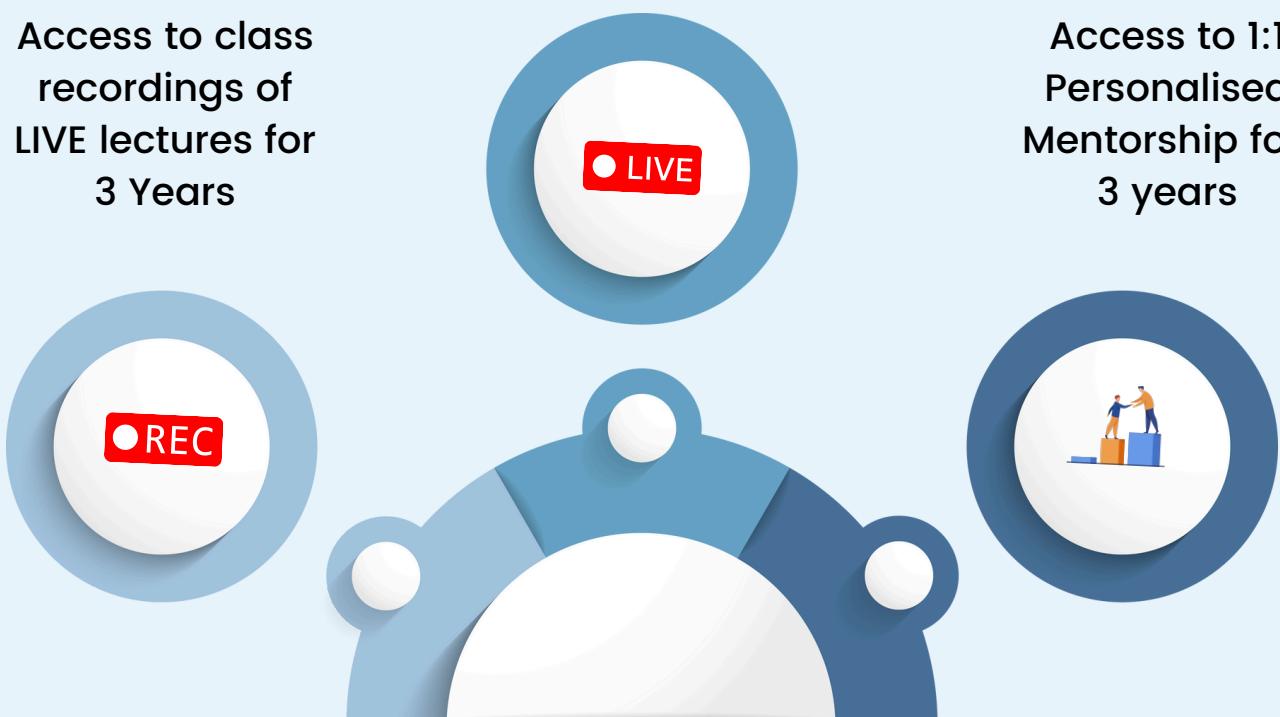
All tests will be evaluated by our expert team (All tests submitted till 30th Aug 2028 will be evaluated)
A detailed solution of each test will be provided

Power of 3

Access live
current affairs
sessions for 3
Years

Access to class
recordings of
LIVE lectures for
3 Years

Access to 1:1
Personalised
Mentorship for
3 years



UPSC ESSENTIAL 2028

1 to 1 Mentorship is MUST

UPSC Essential

**1 to 1
Mentorship**

**On-demand
booking**

**3-year
mentorship
access**

₹ 27999/-

Other Institutes

**Group
Mentorship**

**Fixed time
slots**

**Support
ends with
course**

₹ 33000+

Faculty and Mentors

Learn from past rankers and subject experts



Abhijeet Yadav

(Co-founder) - Chief Mentor
Cleared UPSC CSE Twice



Adv. Shashank Ratnoo

(Co-founder) - Chief Mentor
AIR 688 (CSE 2015)



Krishna Tupe

JRF in Sociology, PhD - IIT Bombay (Pursuing)



Ketan

Cleared UPSC CSE | BTech, IIT Delhi
AIR 860, CSE 2015



Nimish Kapur

Ex-CISF, AIR 6, UPSC CAPF 2013,
Cleared Punjab PCS twice.



Neelam Bhatia

Polity faculty in DU



Rohan Salunke

6+ year teaching experience
UPSC Interview appeared 3x



Neetu Tiwari

UPSC Interview appeared



Ishan Srivastava

UPSC Interview appeared



Anil Sapkal

5+ years of Maths
teaching experience



Trisha Gupta

English expert
with 10+ years experience

Price

₹ 27999/-

- Join with up to 4 friends: 10% off.
- Join with 4+ friends: 15% off.
- **Note: Discounts cannot be clubbed.**

Who Should Join This Course

- Freshers starting their UPSC journey for 2028.
- Aspirants struggling to clear Prelims or needing Mains answer writing guidance.
- Students who find self-study difficult and require a disciplined, mentored environment.

Enroll Now at courses.upscprep.com

Toppers Testimonials

“

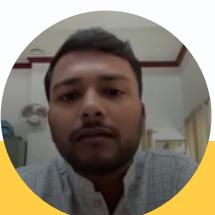
Abhijeet Sir noted that my answers lacked structure, which led to numerous video calls over time. As a result, my answers improved significantly.



Priyanshu Agrawal
AIR 123
UPSC CSE 2024

“

Abhijeet sir and Shashank sir used to call me and ask "Padh rahe ho na?" I think they both had a lot of hope from me, they have immensely helped me in my Mains preparation



Rohit Singh
AIR 241
UPSC CSE 2024

“

I showed approximately eight essays to Shashank Ratnoo sir, and while I faced quite a bit of constructive criticism from him, his guidance, along with Abhijeet sir's support, helped me improve significantly.



Vishal
AIR 439
UPSC CSE 2024

“

The standout feature of MFG was the personalized one-on-one mentorship sessions. Unlike other programs where the crowd can be overwhelming, MFG ensures you receive focused guidance. What sets this course apart is the option for weekly or monthly mentorship sessions, which truly makes MFG special.



Akancha Singh
AIR 44
UPSC CSE 2023

Toppers Testimonials

“

We can have direct discussions about our copies with Abhijeet Sir and Shashank Sir, allowing us to receive immediate feedback—there's no need to wait 20 days or longer. The challenge with other coaching options is that if I write something today, I may not even remember it by the time 20 days pass. How can I be expected to make improvements under those circumstances? This is where UPSCprep truly excels with its prompt responses.

Surbhi Shrivastav
AIR 56
UPSC CSE 2023



“

Shashank Ratnoo Sir played a crucial role in my Mains journey. He provided invaluable guidance in enhancing my answers and contributed significantly improving my scores

Aditi Yadav
AIR 194
UPSC CSE 2023



“

With the right guidance and a source of genuine motivation, significant changes can occur in just two to three months. This preparation will allow you to approach the mains exam with confidence, similar to those in the mains focus group.

Dikshita Joshi
AIR 58
UPSC CSE 2022



“

The kind of mentoring which is available in the MFG from UPSCprep.com is unmatched.

Srinivas Sadi
AIR 310
UPSC CSE 2021



Sample Notes

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Environment & Ecology

For UPSC Mains

Krishna Tupe



Copyright - Rework Education Technology

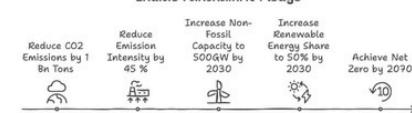
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India's Panchamrit pledge: On climate change, India's pledged at COP 26 of UNFCCC to realise the motto of "One Life One World".

- Reduce emission by 1 billion tons of CO₂.
- Reduce the Indian economy's emission intensity by 45%.
- Increase non-fossil fuel energy capacity to 500GW by 2030.
- Increase renewable energy share in the energy mix to 50% by 2030.
- Net zero by 2070.

India's Panchamrit Pledge

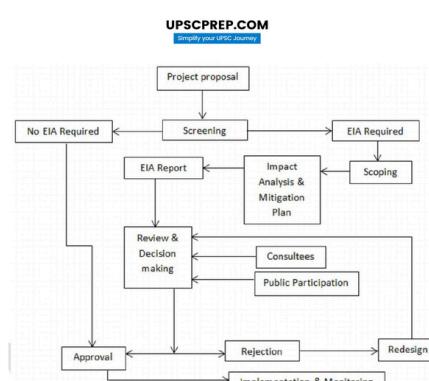


Challenges to India's Climate Action

- High coal dependence - 65% Electricity using coal
- Environment vs Development:

Environment and Ecology | UPSCprep.com
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Benefits

- EIA links environment with development for environmentally safe and sustainable development.
- It provides a cost-effective method to eliminate or minimize the adverse impact of developmental projects.
- EIA encourages the adaptation of mitigation strategies.
- It makes sure that the developmental plan is environmentally sound and within limits of the capacity of assimilation and regeneration of the ecosystem.

Shortcomings

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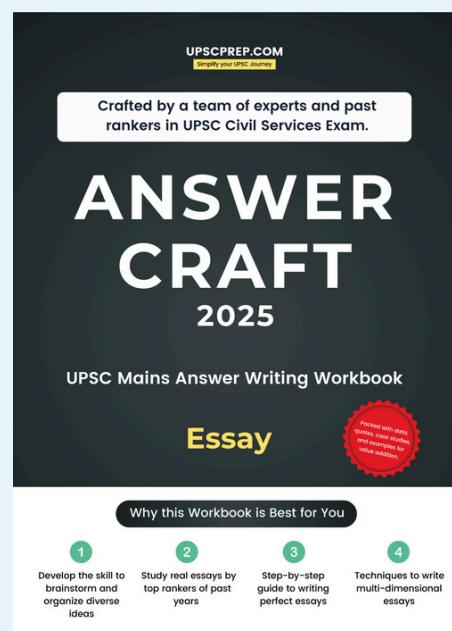
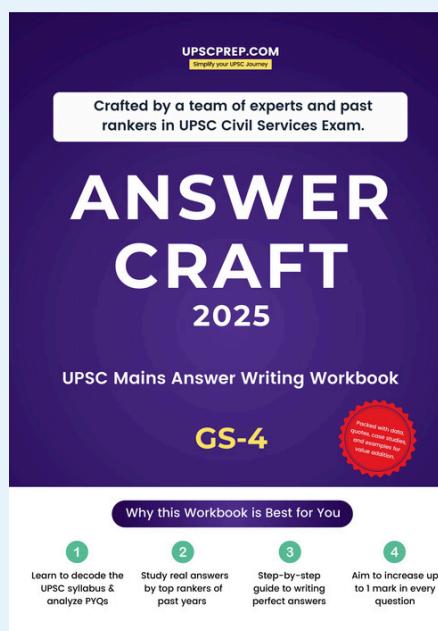
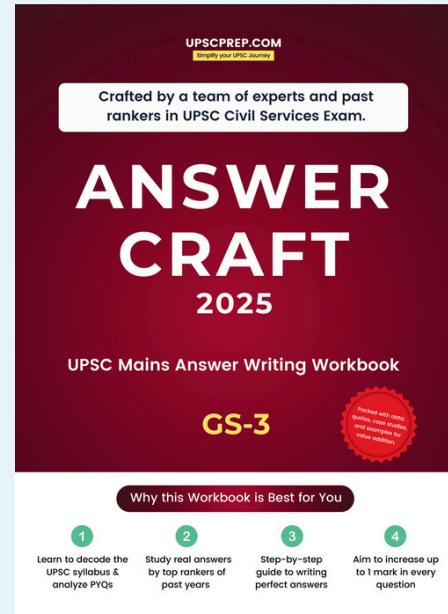
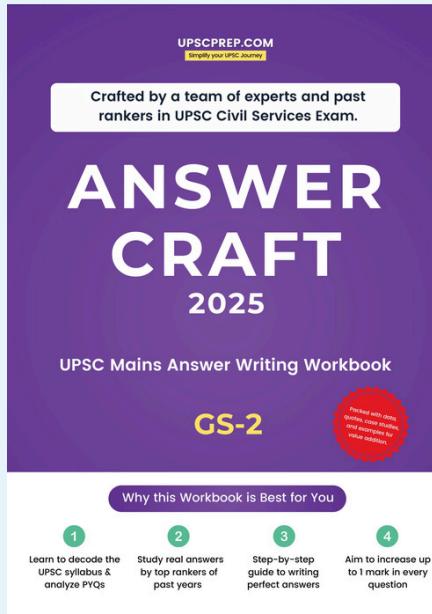
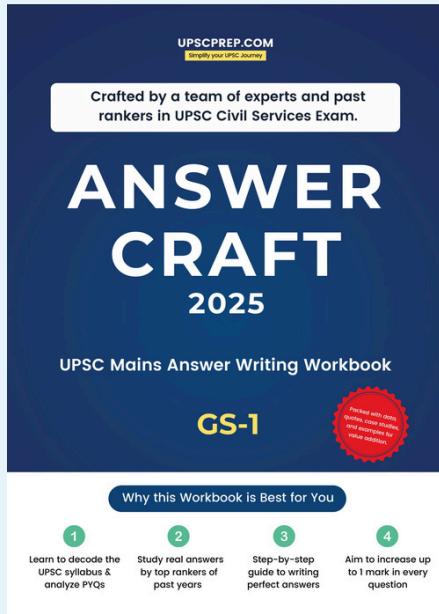
River Pollution - Sources

- Excess fertilizers and pesticides- runoff and drainage.
- Chemicals & Effluents: Industrialisation along the river belt. Eg. river Yamuna is affected by Ammonia pollution and heavy froths are seen in Yamuna.
- Garbage Dumping: High population density around the river banks and the reckless dumping of non-biodegradable waste, especially plastics.
- Washing & Sewage: Laundering clothes on river banks
- Cremation & Last Rites: Cremation grounds in rural India are located on the banks of rivers like Varanasi.
- Sand Dredging
- Formalin (Methanal) Contamination: The Food Safety and Standards Authority of India (FSSAI) has banned formaldehyde in fresh fish, while the International Agency for Research on Cancer labelled the chemical a carcinogen.

River Pollution - Consequences

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Answer Writing Workbooks



The most valued workbook among rankers that elevates your answer writing skills from beginner to expert level.

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