

**UPSCPREP.COM**

Simplify your UPSC Journey

*One Stop Solution for UPSC CSE 2028*

# UPSC ESSENTIAL

+ Mentorship 2028

Course starts: 16<sup>th</sup> March 2026

Course language: English

Unmatched quality with **U**tmost affordability for **U**R Success!

By- **UPSCprep.com**



# How UPSC Essential Helps You Prepare Smarter?

“I don't know what to study next”



## 1 Structured Roadmap

- ✓ A clear course structure from NCERT to advanced level – subject by subject, month by month.

“Am I preparing the right way?”



## 2 Personalised Mentorship

- ✓ One-to-one guidance by past UPSC rankers and experts, which keeps you on right path

“I study daily but I forget everything”



## 3 Phase wise preparation

- ✓ Phase wise approach builds understanding that stays with you longer by helping you interlink the knowledge

“I don't know my weak areas until it's too late”



## 4 Regular Testing & Analysis

- ✓ Daily Practice Questions  
Full-length tests  
Detailed feedback keeps you in sync with your shortcomings

“I don't know if I am improving or not”



## 5 Performance Tracking

- ✓ Biweekly calls to track:  
Strengths, Weak areas & Improvement over time

# Structure Through Phases

1

## GS FOUNDATION

- Purpose: Build strong fundamentals
- Important NCERTs of all GS subjects
  - Ideal starting point for beginners

2

## GS BASICS

- Purpose: Conceptual clarity of syllabus
- History, Geography, Polity, Economy, S&T, Environment
  - Level-1 Answer Writing

3

## GS ADVANCE

- Purpose: Strengthen Mains core areas
- Core GS mains topics
  - Full-length answer writing tests

4

## Revision Break 1

To revise syllabus covered till December 2026 and cover backlogs (if any). Also if you have enough time, start with 1st reading of your optional subject (self-study mode)

5

## GS ADVANCE 2

- Purpose: Depth for Mains answers
- Mains-specific topics (Ethics, Essay, etc.)
  - Level-2 Answer Writing + Notes

6

## Revision Break 2

From August 2027 to December 2027. To Revise and note making for UPSC Mains, Answer Writing Practice, Optional detailed revision, notesmaking and answer writing

7

## PRELIMS FOCUS

- Purpose: Clear Prelims decisively
- MCQ practice (Prelims SIP)
  - CSAT + syllabus revision

8

## MAINS REVISION

- Purpose: Peak exam readiness
- Micro-notes revision
  - Rigorous answer writing

9

## INTERVIEW FOCUS

- Purpose: Final personality stage
- DAF analysis
  - 1-to-1 mentorship + mock interviews

# Course Features

## Course suitable for 2028

For those planning to attempt UPSC CSE 2028



## Personalised mentorship

We offer on-demand one-to-one mentorship support with **3 years** of access

## Covers all stages of UPSC exam

- Prelims
- Mains
- Interview



## Phase-wise approach

Course is designed in phases to make aspirant learn things from beginners level to Advanced level in a stepwise manner

## Write with Toppers

Interactive Live answer writing sessions with past UPSC rankers

## Comprehensive coverage through live classes

and recordings provided with 3 Years access



## Comprehensive test series

Test Series included with the course with evaluation and mentorship

## Crisp value addition material

To enhance your preparation it includes answer writing workbooks, CSAT workbooks, notes, PPTs, etc

## Weekly Current Affairs

Weekly Current Affairs lectures + material



**All subjects including Essay & Ethics will be covered.**

 **Essay - Special workshop on Essay Writing**

 **GS 1**

- **History (Ancient, Medieval, World, Modern, Post-Independence)**
- **Art and Culture**
- **Society**
- **Geography - Indian, World, Physical+Human Geography**

 **GS 2**

- **Indian Polity**
- **Governance**
- **Social Justice**
- **International Relations**

 **GS 3**

- **Economy, Agriculture**
- **Environment**
- **Science and Technology**
- **Disaster Management**
- **Internal Security**

 **GS 4 : Ethics - Theory + Case Studies**

 **Current Affairs - Weekly current affairs sessions**

 **Special Answer Writing workshops will be conducted for each GS as well as Essay**

 **Prelims Strategy Sessions - Time management, how to analyse prelims tests, note making, revision strategy for prelims, etc**

# Add-ons



## Doubts Sessions

Every lecture will be followed by a Doubt Session to address all your subject-specific doubts



## Thinking and Writing

Critical Thinking and Critical Writing Module- Learn the art of thinking and writing



## Daily Practice Questions

Post-lecture Prelims MCQs, Mains questions, and weekly live answer writing in the Advanced Phase

# Add-ons



## Personality Test (Interview)

Build your personality along with the UPSC preparation - special sessions, activities and material will be provided



## CSAT Workbook

One Stop Source for CSAT

- Includes CSAT theory, practice questions, detailed solutions



## Prelims Strategy Sessions

Time management, how to analyse prelims tests, note making and revision strategy for prelims, utility of prelims test series

# Both Prelims and Mains Test series included in this course

## Prelims Test Series (45 Tests)

### Prelims GS Test Series (33 Tests)

6 GS NCERT Based Tests + 12 Subjectwise Sectional Tests + 15 Full Length Tests (it will include fundamental, advanced and current affairs based FLTs)  
You can discuss your performance with the personal mentor assigned to you

### CSAT Test Series (12 Tests)

10 Full Length UPSC Level CSAT Tests  
2 CSAT Foundation Tests  
Detailed solutions will be provided

## Mains Test Series (21 Tests)

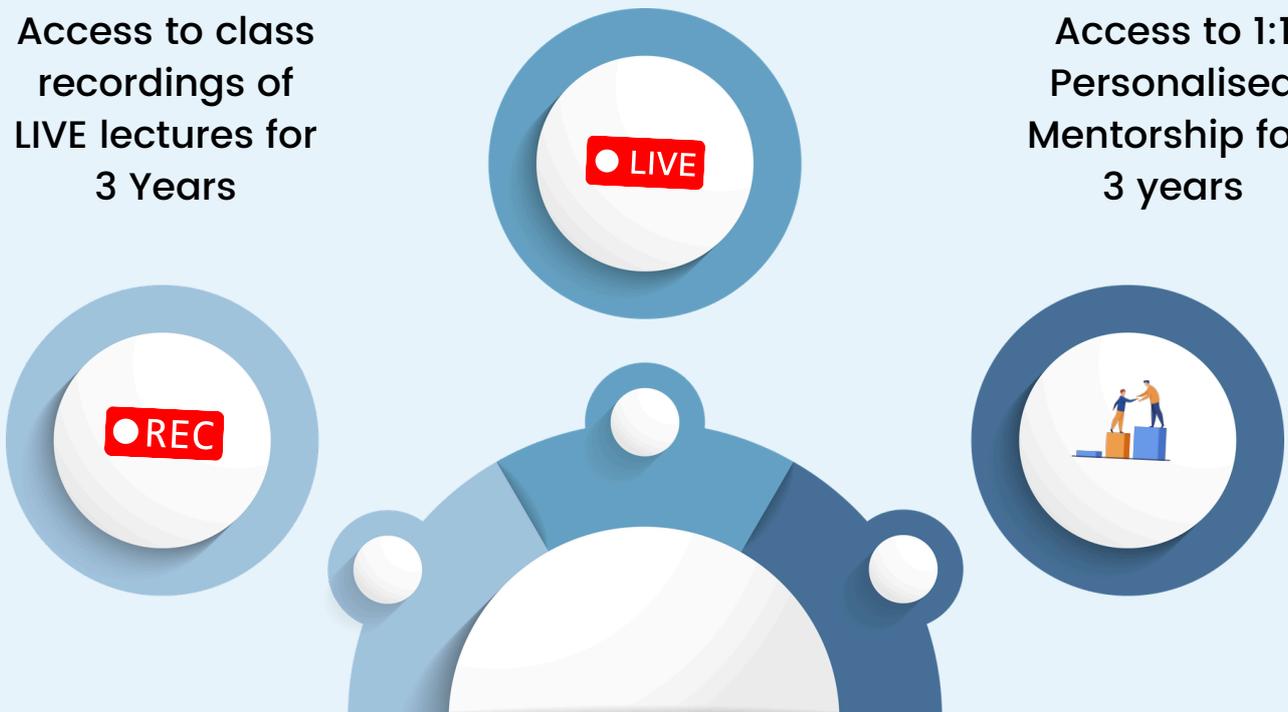
17 Mini Sectional Tests + 5 Full Length Tests  
Tests will include essay papers as well  
All tests will be evaluated by our expert team (All tests submitted till 30th Aug 2028 will be evaluated)  
A detailed solution of each test will be provided

# Power of 3

Access live  
current affairs  
sessions for 3  
Years

Access to class  
recordings of  
LIVE lectures for  
3 Years

Access to 1:1  
Personalised  
Mentorship for  
3 years



***UPSC ESSENTIAL 2028***

**1 to 1 Mentorship is **MUST****

**UPSC Essential**

**1 to 1  
Mentorship**

**On-demand  
booking**

**3-year  
mentorship  
access**

**₹ 27999/-**

**Other Institutes**

**Group  
Mentorship**

**Fixed time  
slots**

**Support  
ends with  
course**

**₹ 33000+**

# Faculty and Mentors

Learn from past rankers and subject experts



Abhijeet Yadav

(Co-founder) - Chief Mentor  
Cleared UPSC CSE Twice



Adv. Shashank Ratnoo

(Co-founder) - Chief Mentor  
AIR 688 (CSE 2015)



Krishna Tupe

JRF in Sociology, PhD - IIT  
Bombay (Pursuing)



Ketan

Cleared UPSC CSE | BTech, IIT Delhi  
AIR 860, CSE 2015



Nimish Kapur

Ex-CISF, AIR 6, UPSC CAPF 2013,  
Cleared Punjab PCS twice.



Neelam Bhatia

Polity faculty in DU



Rohan Salunke

6+ year teaching experience  
UPSC Interview appeared 3x



Neetu Tiwari

UPSC Interview appeared



Ishan Srivastava

UPSC Interview appeared



Anil Sapkal

5+ years of Maths  
teaching experience



Trisha Gupta

English expert  
with 10+ years experience

## Price

**₹ 27999/-**

- Join with up to 4 friends: 10% off.
- Join with 4+ friends: 15% off.
- Note: Discounts cannot be clubbed.

## Who Should Join This Course

- Freshers starting their UPSC journey for 2028.
- Aspirants struggling to clear Prelims or needing Mains answer writing guidance.
- Students who find self-study difficult and require a disciplined, mentored environment.

**Enroll Now** at [courses.upscprep.com](https://courses.upscprep.com)

# Toppers Testimonials

“

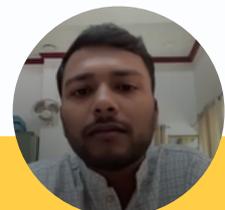
Abhijeet Sir noted that my answers lacked structure, which led to numerous video calls over time. As a result, my answers improved significantly.



Priyanshu Agrawal  
AIR 123  
UPSC CSE 2024

“

Abhijeet sir and Shashank sir used to call me and ask "Padh rahe ho na?" I think they both had a lot of hope from me, they have immensely helped me in my Mains preparation



Rohit Singh  
AIR 241  
UPSC CSE 2024

“

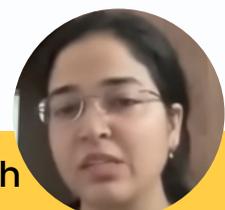
I showed approximately eight essays to Shashank Ratnoo sir, and while I faced quite a bit of constructive criticism from him, his guidance, along with Abhijeet sir's support, helped me improve significantly.



Vishal  
AIR 439  
UPSC CSE 2024

“

The standout feature of MFG was the personalized one-on-one mentorship sessions. Unlike other programs where the crowd can be overwhelming, MFG ensures you receive focused guidance. What sets this course apart is the option for weekly or monthly mentorship sessions, which truly makes MFG special.



Akancha Singh  
AIR 44  
UPSC CSE 2023

# Toppers Testimonials



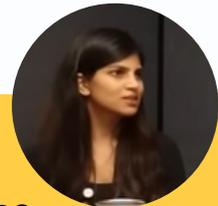
We can have direct discussions about our copies with Abhijeet Sir and Shashank Sir, allowing us to receive immediate feedback—there's no need to wait 20 days or longer. The challenge with other coaching options is that if I write something today, I may not even remember it by the time 20 days pass. How can I be expected to make improvements under those circumstances? This is where UPSCprep truly excels with its prompt responses.



**Surbhi Shrivastav**  
AIR 56  
UPSC CSE 2023



Shashank Ratnoo Sir played a crucial role in my Mains journey. He provided invaluable guidance in enhancing my answers and contributed significantly improving my scores



**Aditi Yadav**  
AIR 194  
UPSC CSE 2023



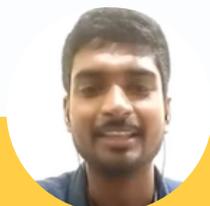
With the right guidance and a source of genuine motivation, significant changes can occur in just two to three months. This preparation will allow you to approach the mains exam with confidence, similar to those in the mains focus group.



**Dikshita Joshi**  
AIR 58  
UPSC CSE 2022



The kind of mentoring which is available in the MFG from UPSCprep.com is unmatched.



**Srinivas Sadi**  
AIR 310  
UPSC CSE 2021

# Sample Notes

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## Environment & Ecology

For UPSC Mains

### Krishna Tupe

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**India's Panchamrit pledge:** On climate change, India's pledged at COP 26 of UNFCCC to realise the motto of "One Life One World".

- Reduce emission by 1 billion tons of CO<sub>2</sub>.
- Reduce the Indian economy's emission intensity by 45%.
- Increase non-fossil fuel energy capacity to 500GW by 2030.
- Increase renewable energy share in the energy mix to 50% by 2030.
- Net zero by 2070.

**India's Panchamrit Pledge**

Reduce CO <sub>2</sub> Emissions by 1 Bn Tons	Reduce Emission Intensity by 45 %	Increase Non-Fossil Capacity to 500GW by 2030	Increase Renewable Energy Share to 50% by 2030	Achieve Net Zero by 2070
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**Challenges to India's Climate Action**

- High coal dependence - 65% Electricity using coal
- Environment vs Development:

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```

    graph TD
      A[Project proposal] --> B[Screening]
      B --> C[No EIA Required]
      B --> D[EIA Required]
      D --> E[Scoping]
      E --> F[Impact Analysis & Mitigation Plan]
      F --> G[EIA Report]
      G --> H[Review & Decision making]
      I[Consultees] --> H
      J[Public Participation] --> H
      H --> K[Approval]
      H --> L[Rejection]
      L --> M[Redesign]
      M --> E
      K --> N[Implementation & Monitoring]
  
```

**Benefits**

- EIA links environment with development for environmentally safe and sustainable development.
- It provides a cost-effective method to eliminate or minimize the adverse impact of developmental projects.
- EIA encourages the adaptation of mitigation strategies.
- It makes sure that the developmental plan is environmentally sound and within limits of the capacity of assimilation and regeneration of the ecosystem

**Shortcomings**

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**River Pollution - Sources**

- Excess fertilizers and pesticides- runoff and drainage.
- Chemicals & Effluents: Industrialisation along the river belt. Eg. river Yamuna is affected by Ammonia pollution and heavy froths are seen in Yamuna.
- Garbage Dumping: High population density around the river banks and the reckless dumping of non-biodegradable waste, especially plastics
- Washing & Sewage: Laundering clothes on river banks
- Cremation & Last Rites: Cremation grounds in rural India are located on the banks of rivers like Varanasi.
- Sand Dredging
- Formalin (Methanal) Contamination: The Food Safety and Standards Authority of India (FSSAI) has banned formaldehyde in fresh fish, while the International Agency for Research on Cancer labelled the chemical a carcinogen.

**River Pollution - Consequences**

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## Answer Writing Workbooks

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Crafted by a team of experts and past rankers in UPSC Civil Services Exam.

# ANSWER CRAFT

## 2025

UPSC Mains Answer Writing Workbook

### GS-1

Practised with 1000+ quality case studies and answers for your solution.

Why this Workbook is Best for You

- 1 Learn to decode the UPSC syllabus & analyze PYQs
- 2 Study real answers by top rankers of past years
- 3 Step-by-step guide to writing perfect answers
- 4 Aim to increase up to 1 mark in every question

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# ANSWER CRAFT

## 2025

UPSC Mains Answer Writing Workbook

### GS-2

Practised with 1000+ quality case studies and answers for your solution.

Why this Workbook is Best for You

- 1 Learn to decode the UPSC syllabus & analyze PYQs
- 2 Study real answers by top rankers of past years
- 3 Step-by-step guide to writing perfect answers
- 4 Aim to increase up to 1 mark in every question

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Crafted by a team of experts and past rankers in UPSC Civil Services Exam.

# ANSWER CRAFT

## 2025

UPSC Mains Answer Writing Workbook

### GS-3

Practised with 1000+ quality case studies and answers for your solution.

Why this Workbook is Best for You

- 1 Learn to decode the UPSC syllabus & analyze PYQs
- 2 Study real answers by top rankers of past years
- 3 Step-by-step guide to writing perfect answers
- 4 Aim to increase up to 1 mark in every question

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Crafted by a team of experts and past rankers in UPSC Civil Services Exam.

# ANSWER CRAFT

## 2025

UPSC Mains Answer Writing Workbook

### GS-4

Practised with 1000+ quality case studies and answers for your solution.

Why this Workbook is Best for You

- 1 Learn to decode the UPSC syllabus & analyze PYQs
- 2 Study real answers by top rankers of past years
- 3 Step-by-step guide to writing perfect answers
- 4 Aim to increase up to 1 mark in every question

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# ANSWER CRAFT

## 2025

UPSC Mains Answer Writing Workbook

### Essay

Practised with 1000+ quality case studies and answers for your solution.

Why this Workbook is Best for You

- 1 Develop the skill to brainstorm and organize diverse ideas
- 2 Study real essays by top rankers of past years
- 3 Step-by-step guide to writing perfect essays
- 4 Techniques to write multi-dimensional essays

The most valued workbook among rankers that elevates your answer writing skills from beginner to expert level.

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